

## BECOME THE CHANGE YOU DESIRE

By PK Mastrogiovanni, 1/12/14

It was around Christmas, in the morning and the family was asleep and I was walking and praying in my family room and I asked the Lord what's next for me and our Oasis family and in my spirit I heard these words, 'become the change you desire'. From that day until now I've been meditating upon those words, and that's what we're going to be talking about today: '**Become the change you desire**'.

**Change implies a shifting, to make or become different in form, nature, function appearance, character or condition, to undergo transformation or transition, breaking away from sameness, metamorphose by a supernatural power**

How many of you are totally satisfied where you? You've achieved all of your goals and all of your dreams are a reality? How many of you are waiting for a change?

Check out this youtube: [www.youtube.com/watch?v=4yf2tOYKTgk](http://www.youtube.com/watch?v=4yf2tOYKTgk)

**Colossians 2:9-10/TLB** For in Christ there is all of God in a human body; <sup>10</sup> **so you have everything when you have Christ, and you are filled with God through your union with Christ.** He is the highest Ruler, with authority over every other power.

**Ephesians 3:20/(AMP)** Now to Him Who, by (in consequence of) the **[action of His] power that is at work within us, is able to [carry out His purpose and] do superabundantly, far over and above all that we [dare] ask or think [infinitely beyond our highest prayers, desires, thoughts, hopes, or dreams].**

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**Here's an acrostic the Holy Spirit gave me for CHANGE:**

**COMPLAIN NO MORE!**

Note: An initial complaint (saying that a situation is unsatisfactory or unacceptable) can be a starting point for change. It shows that there's an area of dissatisfaction or restlessness about something).

**Constant complaining (grumbling, whining, fussing) is negative meditation (muttering, murmuring, speaking, thinking about) and doesn't 'change' the situation but only reinforces it and dissatisfaction continues. Complaining NEVER brings our desires into a reality.**

NOTE: When we get comfortable 'complaining' we don't realize how self-centered we really are.

*Watch your **thoughts**, they become **words**,  
Watch your **words**, they become **actions**,  
Watch your **actions**, they become **habits**,  
Watch your **habits**, they become **character**,  
Watch your **character**, for it becomes Your **destiny**.*

**(Example: A lonely person....God has placed within him a desire for fellowship, he constantly complains and says, 'I am lonely', no one likes me, no one care about me, I have no friends...)**

**Instead of complaining, pray and meditate:**

**Philippians 4:6-9/The Message (MSG)** <sup>6-7</sup> Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life. <sup>8-9</sup> Summing it all up, friends, I'd say you'll do best by **filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse.** Put into practice what you learned from me, what you heard and saw and realized. Do that, and God, who makes everything work together, will work you into his most excellent harmonies.

### **HUNGER FOR MORE!**

God has placed within you a craving and desire for something greater....different.... better....change. How badly do you want it?

African Proverb: ***You gotta' wanna' succeed as bad as you wanna' breathe.***

Recently I heard this quote: ***"A burning desire to be and do is the starting point from which the dreamer must take off."***

**Note: We can create anything we can imagine.**

The elders gave me a card and love gift, during my installation service in July that says it all:

***Imagine yourself doing what you love and loving what you do,  
Being happy from the inside out,  
Experiencing your dreams wide awake,  
Being creative, being unique, being You –  
Changing things to the way you know they can be –  
Living the life you always imagined.***

**Mark 11:22-24/KJV** And Jesus answering saith unto them, Have faith in God. For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith, Therefore I say unto you, **What things soever you desire, when ye pray, believe that ye receive them, and ye shall have them.**

**Have faith in God means having the faith of God (the God kind of faith).**

**Psalms 145:19/NKJV** **He will fulfill the desire of those who fear (reverence) Him;** He also will hear their cry and save them.

**(Because the lonely person has been praying, he now has a hunger....a desire for change....he has a desire to do something about his dissatisfaction...his loneliness. He has been meditating on Proverbs 18:24/NKJV): 'A man who has friends must himself be friendly, But there is a friend who sticks closer than a brother' and he is beginning to 'imagine' himself with friends...he can almost feel the satisfaction of being with people who he genuinely cares about him!)**

**ABANDON EXCUSES!** The biggest enemy you have to deal with is yourself.

**Note:** The “I can’t really means “I won’t

An old African Proverb says, *if there’s no enemy within, the enemy outside can do us no harm!*

(The lonely person has stopped using his past as an excuse for his present situation. He doesn’t deny the pain of abandonment but with the help of an elder at his church, he has forgiven and released those who hurt him so he can move on in his life. He now feels like he CAN begin to trust people!)

### **NOW IS THE TIME!**

Today is the day.... You’ve got 86,400 seconds in a day. **No more procrastination.** Procrastination stifles our desires and kills our dreams. Procrastination’s favorite words are: tomorrow....another day....later...I’ll try. You’ve got to harness your will... Make the dream a reality. Act on it, create it and do it.

(The lonely person has now begun to respond positively when being spoken to by others and has stopped talking about being lonely. He has even asked someone out for coffee and they said yes!)

### **GOD, I SURRENDER!**

Choose to partner with God and allow His Spirit to work within you to accomplish His will. Don’t continue to wait on Him....He’s waiting on you!

(The formerly lonely person has chosen to ‘partner with God’ and is beginning to allow God’s genuine love to flow from him to others. It’s now no longer just about what he can get from a relationship, but what he can give to it. He is now even beginning to open up more and is feeling comfortable getting to know his neighbors. He has also gained confidence and is actively involved in a group bible study and community outreach event in his city. Those who have known this man for several years are in awe at the transformation in his life!

### **ENDURE THE PROCESS**

Endure means: allow, undergo, bear or experience... **Endure until the change manifests, don’t quit!!**

(This changed man no longer feels lonely because he is actively involved in several meaningful relationships. Some have hurt him along the way, but he does not let that cause him to isolate himself like he used to. By God’s grace, he, like the Apostle Paul, has learned to be ‘content’ (self-sufficient) (Phil 4:11) and complete in Christ, and isn’t permanently moved by negative situations and rejoices in the progress that he has made. He is rejoicing that he has become the change he has desired.

Attitude + Actions = Achievement of Desire

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**COMPLAIN NO MORE!** - In 2005, I began to complain that I was heavy and had gained weight. The dissatisfaction was from God, but the complaining was NOT. DJ began to pray for me.

**HUNGER FOR MORE!** - In 2006, the desire for change became greater than my complaints. I could almost 'see' myself differently before I was.

**ABANDON EXCUSES!** - With God's help, I began to love myself and He led me to scriptures which took on a whole new meaning. As I meditated on them, one day I woke up and a light bulb went off. It was time!

**NOW IS THE TIME!** - I made the decision to make some nutrition and exercise changes and I set a healthy weight loss goal and I consistently worked my program. My family was a great support system but by God's grace, I did the work!

**GOD, I SURRENDER!** - I partnered with God and allowed Him to give me the energy to fulfill His good pleasure. I even surrendered my taste buds to God - Psalm 103:5: **He satisfied my mouth with good, healthy things so my strength is renewed like the eagle's....**

**ENDURE THE PROCESS** - It wasn't always easy but in 2007, I not only achieved but surpassed my initial weight loss and health goals and in 2011, I became a Certified Life, Weight Loss & Nutrition Coach so I could help others. **Attitude + Actions = Achievement of Desire**

- Are there areas where God has been dealing with your heart about change and you've been waiting on Him? A job change...relationship, finances, health, emotions etc.
- What's stopping you from becoming the change you desire?
- How badly do you want it?
- Is your focus your desire or are you complaining and making excuses why it can't happen?
- Are you allowing fear of failure, success or the unknown to hinder you?
- Are you waiting until the perfect time?
- Have you surrendered your will to God in this area?
- Are you will to give 100% and go the distance to become the change you desire?
- Are you willing to write down the area of change you desire and have an accountability partner who you give permission to ask you about it?

**The Great 'I AM' is in the inside of you.**

**You ARE FILLED with God through your union with Christ.**

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Allow His power within you to carry out His purpose and do superabundantly far above your highest **prayers, desires, thoughts, hopes and dreams.**

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